Fred Wah



My Horse

I never had who carries me so secretly is dead.

I think
he bucked
& threw me
on a mountain
at the bottom
of the path.

O my dead horse I never had such dreams as dreams of you not there when I ride past.

Acrobat on a Ball

the boy stands balanced on a ball which does not move

the man sits on a blue cloth on a blue box which does not move

on a hill behind the woman & two children with a dog do not move

a horse eats on a further hill but the eating does not move

& the blue sky is a blue sky too

behind the last hill is not there though a man runs down a mountain path which ends when he steps into a dark forest

the tall trees hide where he runs on to & sway in the wind

when the moon begins by then the man is not there

though the moon moves behind the last hill & the stillness is too

Lardeau / Summer 1964

I said we slept in a shack at the bottom of the valley watched the sun set after supper over an ice field to the north an unnamed glacier, then the mountains about us left white by the moon.

And I said it was a hot day where we were I had a headache at noon the blue above turned to a green blur of moving trees the felled log rolled under me and we began the afternoon's cruise looking at ourselves in the forest.

About the Lardeau?
There is little to say.
It is green, it rains often, the mountains are very beautiful, there is a moon at night, the unnamed glacier is the shape of a bird in flight, with stars in its eyes, my logging boots make me feel strong but too heavy to use strength, the rivers and creeks flow south to the lake, there are mosquitoes, the name is Marblehead.

At the end of it it was all a dream I said from looking up up an eighty-foot pole at lunch and he:
well, I'll be here all winter
and the cruising's easy on snowshoes
though this summer has been a nice one
gotta get that left shock fixed next time in town

I said you must be finishing labour at the top of Meadow Mountain for she was born at 9:15 and we neared the top then too I had pains in my stomach.

Among

The delight of making inner an outer world for me is when I tree myself and my slight voice screams glee to him now preparing his craft for the Bifrost Kerykeion he said, the shore now a cold March mist moves down through the cow pasture out of the trees among, among

Hermes in the Trees

World word alive in the heart circle of the moon round and square the trees hum and whistle the trees bend slightly the wind is warm and it moves up the valley it moves as May 1st has today the warm spring advances the tops of them crown in the air that moves (can their own roots know any of it?) O word of the world round and square give me such graces and all accomplishment incline to me the blackness and swift flight roots held in the dark soil bright branches to the sun and air in other words the eye of heaven consumed by necessity and by its redness out through the west wall to my right out there in the trees as a bird rushes to perch in the moon's limb and such a whiteness heard that servant and messenger of the inner world 'the lightning flash that connects heaven and earth' out there in the gully the cedar-head that needs the cedar-feet out there which wants ever to return twin-twisted kerykeion the warm and dark the roots as claws under all of this moving over under

Here

is a dead letter, Mike the postal gods there are warring and the neighbours, they spin get out in their cars rubber in our back yards our parking lots our garbage cans the noises are everywhere is there a war on there is such a storm for the cars where will they all go to our neighbours on such a tempestuous night a night Wait! There she is see her, on the corner thin-wristed twirling her waist amulets tinkling, O god her earrings laughing

The Plan of a Tree

the plan of a tree a system, squares circles, rectangles angles, all round spaces, roads, ways centres, the plan of a tree

spread out the mind of the plant growing out of the earth becomes a hole in the picturehead at the boundaries it becomes an illuminated hole from every direction of the wind now it seems larger the spread is the gate of earth lighted by the luminescence of its plan the system of itself is larger by the picture of it and by the winds of space pathways through the branches it's only part of the plan yet a part and looms out from the middle of a place part of itself now part of

any

On the Earth

On the earth

namarupa
and In the world

arupa
among the trees among
the distant lights & stars
a song

one endless breath each single soul of us hearts legs eyes flow & shine

> *eka* mornin

early one morning someone sets forth through all of it

himself, the mountains, creeks & many other creatures anywhere

Song

My eyes strain against the hillside for a movement, a shape, a flash of white-ass fur. I'm on the top of the ridge below a grove of poplar. This is pretty good. It's clearer here. A view with distance and I can see more of the bush, alder gullies and old burns. If anywhere, there should be some sign here or in the clump of trees above; fresh elk shit (steaming still), a warm bed, fresh tracks in the snow. I stop for a smoke here, wipe the sleet off my glasses and rifle scope, sit on a log.

It begins as my own breathing, a rhythm in the chest picked up by the blood (pulse), short puffs of white steam from my mouth. In this the words come (language engraved in the air of a middle silence):

Stand Up

Stand Still

Be With me

Here

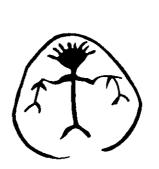
I don't look. Just a blue-white blur of air in front of me as I listen hard. Within me, carried by the breath, the words speak. They and I warm up to it and move now with a song, move nowhere, just sit there, now somewhere.

Hey! It Looks like

Hey! It Looks like you got a couple ways in there

and a face, me no face.

Show me how you do it and I'll come too.



nv s ble

nv s ble tr ck



Not so much

Not so much all of us dying or nobody else living or even one one shining master of light but a procession forth into I like the movement in our syntax goes something like a river Daphne so it's still 'how' we do what and give a punch we hope words to take off on us will still be the line all of us dying to do it the best way we can.

Outside It's Snowing

outside it's snowing they're skinning the bear it's snowing a small she black bear symmetrical paws

knife

slit down the inside thigh to the crotch

careening

single sound
flies from her
the snow falls
from her
flying from her
naked now
bear pig hamstrung, flesh
a little fat (winter)
from her

We Eat

'We eat
Everything stares back at us.
All this hunger
is what we call the World!

Words fly from our mouths as leaves fall to the ground from the trees in fall wind and rain

(no pain
just a storm at the cave-mouth howling
leaves rasping the pavement
and water
a river of also falling to the mouth
(the Yangtse, the Columbia
Ocean

Ocean Ocean

lick

the shore.

the Shore?

The Build-up

the build-up how I listen to myself try to make it 'hold on' so that the day remains in the light the next collision open and I catch up to the breath breathing somewhere

the air

as it comes out ahead of me

'waahh, waahhh'

As He Leaves Here

as he leaves her
as he moves
as he leaves for the whalehunt
he blows his breath
into a kelp bubble
shaped like a small balloon
ties it and gives it to her
to hold for him
until he returns
or so that she knows he won't
when it deflates

around her neck she wears his breath or over her bedpost at night his breath

(horizon of ocean swells and tides something like old sealskin strip of seaweed necklace box of cedar air you hold for me till I get back)

Next Spring

next spring
I'll go out to the garden
and with a stick
plant myself
and eat me in the fall

Bio-Bibliography

Fred Wah was born in Moose Jaw in 1939, moved to the Kootenays as a child, & now lives in South Slocan, B.C. He heads the creative writing programme at David Thompson University Centre in Nelson. Like Lionel Kearns, Wah was trained as a hockey player & a musician. He was a music student at UBC before becoming a founding editor of Tish, & he currently plays trumpet with various bands around Nelson. His musical life is important to his poetry – he has often been called the most lyrical of the poets who emerged from the west coast in the early sixties. His verse composition is sustained on ideas associated with jazz, in which the heard figures arrive before the score can be completed. His lines are frugal, even tentative; they remain attentive to the minutiae of process, distrustful of stasis (see his early poem, 'Acrobat on Ball'). He is also resolutely concerned with place, the occurrence of his perception among the trees & snows of the West Kootenays, & the poem's origin in his belly & lungs. He does not want to paint regional scenes, but rather to attend to 'the spiritual and spatial localities of the writer.' He has always been attracted to a Coleridgean exchange of the internal & external; however his focus is not upon sight & mind, but, phenomenologically, on breath. It is perhaps for this reason that he is one of the last of his order to turn to the long poem, which he does with his recent ongoing book, Breathin' my Name with a Sigh. It is a sequence of autobiography that takes as its origin not family or place (though they play large parts), but the release of air from the body, & its quick entanglement with primary imagination.

Some of Fred Wah's poetry:

Lardeau, Toronto, Island Press, 1965.

Mountain, Buffalo, Audit, 1967.

Among, Toronto, Coach House Press, 1972.

Pictograms of the Interior of B.C., Vancouver, Talonbooks, 1975.

Loki is Buried at Smokey Creek: Selected Poems, Vancouver,

Talonbooks, 1980.

Breathin' My Name with a Sigh, Vancouver, Talonbooks, 1982.

Breathin' My Name with a Sigh, Vancouver, Talonbooks, 1982. Owner's Manual, Lantzville, B.C., Island Writing Series, 1981.